**GOOD FOOD BAD FOOD EBSCO HOST ESSAY**

**The Essay:** You will be writing a short collegiate level, MLA format, research-based informative essay in which you inform your reader about the dangers of poor health in our country.

**Evidence:** You will need to include evidence to support your claim from three sources: one of the articles we read in class, the article you brough in as homework, and one EBSCO host source.

**WHAT IS EBSCO?**

If you are my returning student, you are already familiar with EBSCO. If this is brand new to you, EBSCO is on online database of scholary articles that have been vetted for credibility and made available for students pursuing higher learning.

**HOW TO USE EBSCO:**

First, type the following website in the URL spot: <http://search.ebscohost.com/>

USER ID: centinela

PASSWORD: library

\*You will need to type in the user id and password when you use this website outside of school.

1. Click on **EBSCOhost Research Databases**
2. Hit **Continue** on the next page
3. On the search page, type in your proposed health topic like “diabetes in American teens” or “the dangers of sugary foods”
4. On the left task bar, check the box that says **Scholarly (Peer Reviewed) Articles**

**HOW TO CITE:**

Once you have to article open that you want to cite, click on the little page on the right task bar. When you hover your mouse across it, the words **Cite** will pop up. Then you click on it, and scroll down to MLA Format. Then copy/paste the citation at add it to the bottom of your answer.

**OKAY. LET’S FIND A QUOTE TOGETHER.**

1. Type in “quality of school lunches” into the search bar.
2. Now open up “Electronic Gaming and the Obesity Crisis”
3. Click on “pdf”

4.) Copy/paste this quote:

Two environmental factors that have been implicated as causing obesity involve the consumption of high-fat, low-nutrient foods and beverages, and the sedentary life style that is now common in our nation from watching so much television or playing sedentary video games (Vandewater & Cummings, 2008).

**How do I cite an article that has already been cited in another article?**

Sometimes an author of a book, article or website will mention another person’s work by using a quotation or paraphrased idea from that source. (This may be called a secondary source.) For example, the Kirkey article you are reading includes a quotation by Smith that you would like to include in your essay.

According to Candewater and Cummings (qtd. in in Colvert) “the consumption of high-fat, low-nutrient foods and beverages, and the sedentary life style that is now common in our nation from watching so much television or playing sedentary video games” has lead to teenage obestity.

**MLA CITATION AT END:**

Calvert, Sandra L., et al. "Electronic Gaming and the Obesity Crisis." *New Directions for*

*Child & Adolescent Development*, vol. 2013, no. 139, Mar. 2013, p. 51.

EBSCO*host*, doi:10.1002/cad.20031.

**Now that you know how to pull a fact from EBSCO, you are all ready to write an essay!**

**HERE ARE THE REQUIREMENTS:**

1. Introduce the presence of a health related issue.
2. Make a claim.
3. Support it with 3 pieces of evidence.
4. Include a Works Cited section at the end of your essay with all 3 pieces of evidence.

**ESSAY RUBRIC**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| ITEM | 5 | 4 | 3 | 2 |
| Grammar/  Punctuation | 1-2 errors | 3-4 errors | 5-6 errrors | More than 6 |
| Academic Register | No “I’s”, written all in one tense | 1-2 errors | 3-4 errors | More than 4 errors |
| Introduction | Establish that an issue exists threatening our heath clearly and succinctly | Author mostly establishes that an issue exists | Author mentions a topic but not its pressing importanee | It’s unclear what this essay will be about |
| MLA Format | Double spaced, slug, indented, last name and page numbers | 1-2 errors | 3-4 errors | More than 4 errors |
| CSU Reader Article Quote | Author clearly embeds a quote from one of the articles read in class. | Author almost perfectly includes a quote from on the reader articles | Author includes a quote but it is not embedded | Quote is not cited correctly |
| CSU quote explained | Clear and sophisticated explanation/tie back to claim | Good explanation/ties back to claim | Explained but not thoroughly | Unclear |
| Personal Article Quote | Author clearly embeds a quote from one of the articles read in class. | Author almost perfectly includes a quote from on the reader articles | Author includes a quote but it is not embedded | Quote is not cited correctly |
| quote explained | Clear and sophisticated explanation/tie back to claim | Good explanation/ties back to claim | Explained but not thoroughly | Unclear |
| EBSCO Article Quote | Author clearly embeds a quote from one of the articles read in class. | Author almost perfectly includes a quote from on the reader articles | Author includes a quote but it is not embedded | Quote is not cited correctly |
| Quote explained | Clear and sophisticated explanation/tie back to claim | Good explanation/ties back to claim | Explained but not thoroughly | Unclear |
| Conclusion | Paper repeats book and expertly explains the bridge from innocence to adolescence | Paper mostly introduces book and expertly explains the bridge from innocence to adolescence | Paper recalls book and doesn’t completely explain the bridge from innocence to adolescence | Missing more than 1 element |
| Works Cited | Entry includes at least 3 sources correctly cited | 1 error | 2 errors | More than 2 errors |

**POINTS BREAKDOWN:**

**\_\_\_\_\_\_\_\_\_\_\_/60 ESSAY**